

Mapfre Life Insurance Company of Puerto Rico
Preventive Services

Preventive Service	Description	Procedure Code	Diagnosis Code ICD-9	Diagnosis Code ICD-10	Age/Range	Gender	Frequency/Limits	Effective Date
Alcohol misuse counseling	The USPSTF recommends that clinicians screen adults age 18 years or older for alcohol misuse and provide persons engaged in risky or hazardous drinking with brief behavioral counseling interventions to reduce alcohol misuse.	99408-99409	V79.1, 305.00, 305.01, 305.02, 305.03	Z1389, F1010	≥ 18 years	Female Male	no limits	May-13
Blood pressure screening	The USPSTF recommends screening for high blood pressure in adults age 18 years and older	99385-99387 99395-99397	V81.1 - 796.2	Z136 - R030	≥ 18 years	Female Male	1 per year	Dec-07
BRCA-Related Cancer: Risk Assessment, Genetic Counseling	The USPSTF recommends that primary care providers screen women who have family members with breast, ovarian, tubal, or peritoneal cancer with 1 of several screening tools designed to identify a family history that may be associated with an increased risk for potentially harmful mutations in breast cancer susceptibility genes (BRCA1 or BRCA2). Women with positive screening results should receive genetic counseling and, if indicated after counseling, BRCA testing.	BRCA Counseling: 99401-99404 96040 99385 - 99387 99395 - 99397	V16.3 V16.41 V26.33	Z803, Z8041, Z315	Women who have Family Members with Breast, Ovarian, Tubal, or Peritoneal Cancer	Female	1 per year	Dec-13
Breast Cancer screening (mammography)	The USPSTF recommends screening mammography for women with or without clinical breast examination every 1 to 2 years for women age 40 years and older	77052 77057 G0202	V76.11 V76.12	Z1231	40+ years	Female	1 per year	Sep-02
Breast Cancer: Medications for Risk Reduction	The USPSTF recommends that clinicians engage in shared, informed decision making with women who are at increased risk for breast cancer about medications to reduce their risk. For women who are at increased risk for breast cancer and at low risk for adverse medication effects, clinicians should offer to prescribe risk-reducing medications, such as tamoxifen or raloxifene.	99401 - 99402 99385 - 99387 99395 - 99397	V84.01 217 610.8	Z1501, D241, N6089	Women, Increased Risk for Breast Cancer	Female	1 per year	Sep-13
Cervical cancer screening	The USPSTF recommends screening for cervical cancer in women age 21 to 65 years with cytology (Pap smear) every 3 years or, for women age 30 to 65 years who want to lengthen the screening interval, screening with a combination of cytology and human papillomavirus (HPV) testing every 5 years	G0101 G0123-G0124 G0141 G0143-G0145 G0147-G0148	V76.2 V72.31 V72.32	Z124, Z01411, Z0142	Women 21 to 65 (Pap Smear) or 30-65 (in combo with HPV testing)	Female	1 per year	Mar-12

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Dental Caries in Children from Birth Through Age 5 Years: Screening	The USPSTF recommends that primary care clinicians prescribe oral fluoride supplementation starting at age 6 months for children whose water supply is deficient in fluoride. The USPSTF recommends that primary care clinicians apply fluoride varnish to the primary teeth of all infants and children starting at the age of primary tooth eruption	99381-99382	V07.31	Z418	0 - 5 years	Female Male	1 per year	May-14
Healthful Diet and Physical Activity for Cardiovascular Disease Prevention in Adults with Cardiovascular Risk Factors: Behavioral Counseling	M2BDAMM	97802-97804 99401-99404	V77.91, 278.02, V85.21-V25.25	Z13.220, Z72.0, Z87.891, Z82.49, F17.210, F17.211, F17.213, F17.218, F17.219	18+ years	Female Male	1 per year	Aug-14
STIs Sexually Active Adolescents and Adults counseling	The USPSTF recommends intensive behavioral counseling for all sexually active adolescents and for adults who are at increased risk for sexually transmitted infections (STIs).	99401-99404	V65.44 V65.45 V69.2	Z717, Z7189, Z7251	> 11 years	Female Male	1 per year	Sep-14
Tobacco use, Adults counseling	The USPSTF recommends that clinicians ask all adults about tobacco use and provide tobacco cessation interventions for those who use tobacco products	C9801-C9802	V15.82 305.1	Z87891, F17200	> 18 years	Female Male	1 per year	Apr-16
Tobacco use: pregnant women counseling	The USPSTF recommends that clinicians ask all pregnant women about tobacco use and provide augmented, pregnancy-tailored counseling for those who smoke	C9801-C9802	V15.82, 305.1, V22.0, V22.1, V23.81, V23.82, V23.83, V23.84, V23.85, V23.86, 649.0	Z87891, F17200, Z3400, Z3480-Z3490, O09511, O09521, O09611, O09621, O09819, O09821, O09822, O0923, O09829, O99330	> 12 years	Pregnant Women	1 per year	Apr-09
Visual acuity screening in children	The USPSTF recommends vision screening for all children at least once between the ages of 3 and 5 years, to detect the presence of amblyopia or its risk factors	99173 99174	V72.0 V80.2	Z0100-Z0101, Z135	3-5 years	Female Male	1 per lifetime	Jan-11
Bright Future	Well baby (infancy)	99381	V20.31, V20.32, V20.2	Z00110, Z00111, Z00129	0-1 year	Female Male	1 per lifetime	
Bright Future	Well Early Childhood	99382	V20.2	Z00129	1-4 years	Female Male	1 each 3 years	
Bright Future	Well Middle Childhood	99383	V20.2, V70.0	Z00129, Z0000	5-11 years	Female Male	1 each 3 years	
Bright Future	Well Adolescence	99384	V70.0	Z0000	12-17 years	Female Male	1 each 3 years	
Bright Future	Well Adolescence	99385	V70.0	Z0000	18-21 years	Female Male	1 each 3 years	
Bright Future	Well baby (infancy)	99391	V20.31, V20.32, V20.2	Z00110, Z00111, Z00129	0-1 year	Female Male	1 per year	
Bright Future	Well Early Childhood	99392	V20.2	Z00129	1-4 years	Female Male	1 per year	
Bright Future	Well Middle Childhood	99393	V20.2, V70.0	Z00129, Z0000	5-11 years	Female Male	1 per year	
Bright Future	Well Adolescence	99394	V70.0	Z0000	12-17 years	Female Male	1 per year	

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Bright Future	Well Adolescence	99395	V70.0	Z0000	18-21 years	Female Male	1 per year	
Bright Future	Well baby (infancy)	99461	V20.31, V20.32	Z00110, Z00111	0-28 days	Female Male	1 each 3 years	
Bright Future	Well baby (infancy)	99462	V20.31, V20.32	Z00110, Z00111	0-28 days	Female Male	1 per year	
Skin Cancer Counseling	The USPSTF recommends counseling children, adolescents, and young adults ages 10 to 24 years who have fair skin about minimizing their exposure to ultraviolet radiation to reduce risk for skin cancer.	99401-99402 G0447	V65.49	Z7189	10-24 years	Female Male	1 per year	May-12
Depression in Adults: Screening	The USPSTF recommends screening adults for depression when staff-assisted depression care supports are in place to assure accurate diagnosis, effective treatment, and follow-up	99420	V79.0	Z1389	> 18 years	Female Male	no limits	Dec-09
Depression in Children and Adolescents: Screening	The USPSTF recommends screening of adolescents (12-18 years of age for major depressive disorder (MDD) when systems are in place to ensure accurate diagnosis, psychotherapy (cognitive-behavioral or interpersonal), and follow-up	99384	V79.0	Z1389	12-18 years	Female Male	no limits	Mar-09
Obesity in Adults: Screening and Management	The USPSTF recommends screening all adults for obesity. Clinicians should offer or refer patients with a body mass index (BMI) of 30 kg/m2 or higher to intensive, multicomponent behavioral intervention	99385-99387 99395- 99397	V77.8 V70.9	Z1389, Z008	> 18 years	Female Male	1 per year	Jun-12
Obesity in Children and Adolescents Screening and counseling	The USPSTF recommends that clinicians screen children aged 6 years and older for obesity and offer them or refer them to comprehensive, intensive behavioral interventions to promote improvement in weight status	99381-99384 99391-99394	V77.8	Z1389	6-8 years	Female Male	1 per year	Jan-10
Osteoporosis: Screening	The USPSTF recommends screening for osteoporosis in women aged 65 years and older and in younger women whose fracture risk is equal to or greater than that of a 65-year old white women who has no additional risk factors	77080-77081	V82.81	Z13820	>65 years	Female Male	1 per year	Jan-11
Tobacco Use in Children and Adolescents: Primary Care Interventions	The USPSTF recommends that primary care clinicians provide interventions, including education or brief counseling, to prevent initiation of tobacco use among school-aged children and adolescents. See the Clinical Considerations for more information and effective interventions,	99406-99407	V15.82, 305.1 , V22.0, V22.1, V23.81, V23.82, V23.83, V23.84, V23.85, V23.86, 649.0	Z87891, F17200, Z3400, Z3480 Z3490, O09511, O09521, O09611, O09621, O09819, O09821 O09822 O09823 O09829, 099330	6-18 years	Female Male	1 per year	Aug-13
Bright Future	Well baby (infancy)	99462	V20.31, V20.32	Z00110,Z00111	0-28 days	Female Male	1 per year	

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Lung Cancer Screening	The USPSTF recommends annual screening for lung cancer with low-dose computed tomography in adults ages 55 to 80 years who have a 30 pack-year smoking history and currently smoke or have quit within the past 15 years. Screening should be discontinued once a person has not smoked for 15 years or develops a health problem that substantially limits life expectancy or the ability or willingness to have curative lung surgery.	71250	V76.0, V15.82	Z122,Z87891	55-80 years	Female Male	1 per year	Dec-13
Falls prevention in older adults	The USPSTF recommends exercise or physical therapy to prevent falls in community-dwelling adults age 65 years and older who are at increased risk for falls.	99401-99402-99403-99404	V15.88	Z9181	>65 years	Female Male	1 per year	May-12
Bacteriuria Screening	Screening for asymptomatic bacteriuria with urine culture for pregnant women at 12 to 16 weeks gestation of at the first prenatal visit, if later	87086- 87088- 87081-87084	V22.X,V23.X	Z3400, Z3480, Z3490, Z331	Pregnant Women	Female	1 per pregnancy	Jul-08
Chlamydia Screening	The USPSTF recommends screening for chlamydia in sexually active women age 24 years and younger and in older women who are at increased risk for infection	87110, 87940	V73.88, V73.98	Z118	24 years and younger	Female	2 per year	Sep-14
Lipid disorders in adults (Cholesterol, Dyslipidemia): men 35 and older screening	The USPSTF strongly recommends screening men age 35 years and older for lipid disorders.	80061, 82465, 83718	V77.91	Z13.220	35 years and older	Male	1 per year	Jun-08
Lipid disorders in adults (Cholesterol, Dyslipidemia): men 20-35 at increased risk of CHD	The USPSTF recommends screening men ages 20 to 35 years for lipid disorders if they are at increased risk for coronary heart disease	80061, 82465, 83718	V77.91	Z13.220	20-35 years	Male	1 per year	Jun-08
Lipid disorders in adults (Cholesterol, Dyslipidemia): women 45 and older at increased	The USPSTF strongly recommends screening women age 45 years and older for lipid disorders if they are at increased risk for coronary heart disease.	80061, 82465, 83718	V77.91	Z13.220	45 years and older	Female	1 per year	Jun-08
Lipid disorders in adults (Cholesterol, Dyslipidemia): women 20-45 at increased risk for CHD	The USPSTF recommends screening women ages 20 to 45 years for lipid disorders if they are at increased risk for coronary heart disease.	80061, 82465, 83718	V77.91	As	20-45 years	Female	1 per year	Jun-08
Colorectal Cancer Screening Test - FOB	Screening for colorectal cancer using fecal occult blood testing	82270 82274 G0328	V76.41 -V76.51	Z1212, Z1211	50-75 years	Female Male	1 per year	Oct-08

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Diabetes Screening	Screening for type 2 diabetes in asymptomatic adults with sustained blood pressure greater than 135/80 mmhg	82947, 83036	V77.1 - 796.2	Z131, R030	>18 years	Female Male		Jun-08
Gonorrhea screening: women	The USPSTF recommends screening for gonorrhea in sexually active women age 24 years and younger and in older women who are at increased risk for infection.	87590	V74.5	Z113	24 years and younger	Female	2 per year	May-05
Hepatitis B screening: pregnant women	The USPSTF strongly recommends screening for hepatitis B virus infection in pregnant women at their first prenatal visit.	87340	V22.X - V23.X	Z3400, Z3480, Z3490, Z331	Pregnant Women	Female	2 per year	Jun-09
Hypothyroidism screening: newborns	The USPSTF recommends screening for congenital hypothyroidism in newborns.	84437	V77.0	Z1329	newborn	Female Male		Mar-08
PKU Screening	Screening for phenylketonuria in newborn	84030	V77.3	Z13228	newborn	Female Male	1 per lifetime	Mar-08
Syphilis; non - pregnant persons Screening	The USPSTF strongly recommends that clinicians screen persons at increased risk for syphilis infection	86592-86780	V69.2 - V74.5	Z7251, Z113		Female Male	1 per year	Jun-04
Screening for syphilis; pregnant women	The USPSTF recommends that clinicians screen all pregnant women for syphilis infection	86592-86780	V69.2-V74.5 al V23.9	Z7251, Z113, O0990, O0991, O0992, O0993	Pregnant Women	Female	1 per year	May-09
BRCA Risk Assessment and Genetic Testing	The USPSTF recommends that primary care providers screen women who have family members with breast, ovarian, tubal, or peritoneal cancer with 1 of several screening tools designed to identify a family history that may be associated with an increased risk for potentially harmful mutations in breast cancer susceptibility genes (BRCA1 or BRCA2). Women with positive screening results should receive genetic counseling and, if indicated after counseling, BRCA testing	BRCA Genetic Testing:: 81211, 81212, 81213, 81214, 81215, 81216, 81217.	V174.9, V16.3 , V16.41, V10.3, V10.43	Z8249, Z803, Z8041, Z853, Z8543	>18 years	Female	1 per lifetime	Jun-14
Hepatitis C Virus Infection Screening; Adults	The USPSTF recommends screening for hepatitis C virus (HCV) infection in persons at high risk for infection. The USPSTF also recommends offering 1-time screening for HCV infection to adults born between 1945 and 1965.	86803, 86804, G0472	V02.62, V73.99	Z2252, Z1159	>21 years	Female Male	1 per year	Jun-13
Abdominal Aortic Aneurysm: Screening	The USPSTF recommends one-time screening for abdominal aortic aneurysm (AAA) with ultrasonography in men ages 65 to 75 years who have ever smoked	G0389	V81.2	Z136	65-75 years (ends on 76th birthday)	Male	1 per lifetime	Jun-14

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Colorectal Cancer: Screening	The USPSTF recommends screening for colorectal cancer using fecal occult blood testing, sigmoidoscopy, or colonoscopy in adults, beginning at age 50 years and continuing until age 75 years. The risks and benefits of these screening methods vary	G0104, G0105, G0121,	V76.11, V76.12, V76.41, V76.51	Z1231, Z1212, Z1211	50-75 years	Female Male	1 each 5 years	Oct-08
Prescription Drugs								
Aspirin for the Prevention of Cardiovascular Disease: Preventive Medication	The USPSTF recommends the use of aspirin for men age 45 to 79 years when the potential benefit due to a reduction in myocardial infarctions outweighs the potential harm due to an increase in gastrointestinal hemorrhage - to prevent cardiovascular events/ischemic strokes.	Coverage for generic OTC agents only (81mg and 325 mg). Dosage 75mg & 100mg per day and 100mg and 325 mg every other day.			45-79 years	Male	Maintenance 30 days with refills	Mar-09
Aspirin for the Prevention of Cardiovascular Disease: Preventive Medication	The USPSTF recommends the use of aspirin for women age 55 to 79 years when the potential benefit of a reduction in ischemic strokes outweighs the potential harm of an increase in gastrointestinal hemorrhage. See the Clinical Considerations section for discussion of benefits and harms	Coverage for generic OTC agents only (81mg and 325 mg). Dosage 75mg & 100mg per day and 100mg and 325 mg every other day. .			55-79 years	Female	Maintenance 30 days with refills	Mar-09
Aspirin (Low Dose) Use for the Prevention of Morbidity and Mortality From Preeclampsia	The USPSTF recommends the use of low-dose aspirin (81 mg/d) as preventive medication after 12 weeks of gestation in women who are at high risk for preeclampsia.				Pregnant Women Who Are At High Risk for Preeclampsia after 12 weeks of gestation	Female		Sep-14
Folic Acid to Prevent Neural Tube Defects: Preventive Medication	The USPSTF recommends that all women planning or capable of pregnancy take a daily supplement containing 0.4 to 0.8 mg (400 to 800 µg) of folic acid	Coverage for generic only (Rx/OTC) 0.4 - 0.8 strengths, single entity and combination products.			Through age 50	Female	Maintenance 30 days with refills	May-09
Vitamin D and Calcium to Prevent Fractures: Preventive Medication	The USPSTF has previously concluded in a separate recommendation that vitamin D supplementation is effective in preventing falls in community-dwelling adults aged 65 years or older who are at increased risk for falls.	Coverage for generic only (Rx/OTC); single content formulations of < or = 1,000IU per dose and dual combination agents containing calcium and vitamin D2 or D3.			65+ years	Female Male	Maintenance 30 days with refills	Feb-13
Breast Cancer: Medications for Risk Reduction	The USPSTF recommends that clinicians engage in shared, informed decision making with women who are at increased risk for breast cancer about medications to reduce their risk. For women who are at increased risk for breast cancer and at low risk for adverse medication effects, clinicians should offer to prescribe risk-reducing medications, such as tamoxifen or raloxifene	Generic Tamoxifen, generic Raloxifene and brand Soltamox (Tamoxifen oral solution)			35+ years	Female	Maintenance 30 days with refills	Sep-13

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Ocular Prophylaxis for Gonococcal Ophthalmia Neonatorum: Preventive Medication	The USPSTF recommends prophylactic ocular topical medication for all newborns for the prevention of gonococcal ophthalmia neonatorum				Newborns <30 days	Female Male		Jul-11
Women Preventives								
Gestational Diabetes Mellitus Screening	In pregnant women between 24 and 28 weeks of gestation and at the first prenatal visit for pregnant women identified to be at high risk for diabetes.	82947, 82950, 83036	V77.1, V22.0, V22.1, V22.2 V23.0, V23.1, V23.2, V23.3	Z131, Z3400, Z3480, Z3490, O0900, O0910, O09291, O0940	Women with reproductive capacity	Female	Pregnant women between 24 and 28 weeks of gestation and at the first prenatal visit for pregnant women identified to be at high risk for diabetes	Aug-12
Human Papillomavirus (HPV) Testing	High-risk human papillomavirus DNA testing in women with normal cytology results.	87620, 87621, 87624, 87625 (87621 DELETE CODE)	V73.81, V70.0, V76.2, V72.31, V76.47	Z1151, Z0000, Z124, Z01411, Z1272	30+ years	Female	Every 3 years	Aug-12
Sexually Transmitted Infections - Behavioral Counseling	Annual counseling on sexually transmitted infections for all sexually active women	99401, 99402, 99403, 99404	V65.44, V65.45, V69.2	Z717, Z7189, Z7251	Sexually Active Women	Female	1 per year	Aug-12
Human Immune-Deficiency Virus Behavioral Counseling	Annual counseling for human immune-deficiency virus infection for all sexually active women	99401, 99402, 99403, 99404	V65.44, V65.45, V69.2	Z717, Z7189, Z7251	Sexually Active Women	Female	2 per year	Aug-12
Human Immune-Deficiency Virus non-pregnant adolescents and adults: Screening	The USPSTF recommends that clinicians screen for HIV infection in adolescents and adults 15 to 65 years. Younger adolescents and older adults who are at risk should also be screened.	86701, 86702, 86703	V02.9, V70.0, V73.89, V74.5, V75.9	Z00.00, Z00.01, Z22.6, Z22.8, Z22.9, Z11.3, Z11.4, Z11.59, Z11.9, Z20.6	15 to 65 years	Female Male	2 per year	Apr-13
Domestic and interpersonal violence screening and counseling	HHS Requirements: Screening and counseling for interpersonal and domestic violence. This is screening/counseling not therapy/treatment.	99401, 99402, 99403, 99404	V70.0, V72.31	Z0000, Z01411, Z01419	Adults and Adolescents Women	Female	Covered as part of the well women visit	Aug-12
Breastfeeding Support/Counseling	The HRA recommends comprehensive lactation support and counseling by a trained provider during pregnancy and/or in the postpartum period	99401, 99402, 99403, 99404	V24.1	Z391	Women with reproductive capacity, each birth	Female	In conjunction with each birth	Aug-12
Breastfeeding Supplies (Breast Pump)	Costs for renting breastfeeding equipment. Note: Breast Pump Equipment - Refer to network arrangements with Walgreens for the Eventflow Simply Go Simple Electric Breast Pump (Voucher)	E0603 NU	V24.1	Z391	Women with reproductive capacity, each birth	Female	In conjunction with each birth	Aug-12
Well Woman Visits	Well-woman preventive care visit annually for adult women to obtain the recommended preventive services that are age and developmentally appropriate, including preconception care and many services necessary for prenatal care. This well-woman visit should, where appropriate, include other preventive services listed in this set of guidelines, as well as others referenced in section 2713.	99384, 99385, 99386, 99387, 99394, 99395, 99396, 99397	V70.0, V72.31	Z0000, Z01411, Z01419	Adult to 65 years	Female	1 per year. Annual, although HHS recognizes that several visits may be needed to obtain all necessary recommended preventive services, depending on a woman's health status, health needs, and other risk factors	Aug-12

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Contraceptive Methods	All Food and Drug Administration approved contraceptive methods, sterilization procedures, and patient education and counseling for all women with reproductive capacity.	11980, 57170, 58300, 58301, 58565, 58600, 58605, 58611, 58615, 58661, 58670. For prescribed contraceptives medications refer to the pharmacy benefit description.	V22.0 - V22.2, V23.0 - V23.3 V25.01 - V25.04, V25.09, V25.11, V25.13, V25.2 V25.40, V5.41, V25.42 V25.43, V25.49, V25.5, V25.8	Z3400, Z3480, Z3490, O0900, O0910, O09291, O0940, Z30011, Z30018, Z0012 Z23002, Z3009	Women with reproductive capacity, each birth	Female		
Hepatitis B Virus Infection, persons at high risk: Screening	The USPSTF recommends screening for hepatitis B virus (HBV) infection in persons at high risk for infections	87340	V15.85, V70.0, V73.89, V73.99, V75.9	Z57.9, Z00.00, Z00.01, Z11.59	Persons at high risk	Female Male	1 per year	May-14
Human Immune-Deficiency Virus pregnant women: Screening	The USPSTF recommends that clinicians screen all pregnant women for HIV, including those who present in labor who are untested and whose HIV status is unknown	86701, 86702, 86703	V22.0, V22.1, V22.2, V23.0, V23.1, V23.2, V23.3 V23.41, V23.42, V23.49, V23.5	O09.00-O09.93, Z33.1, Z34.0 - Z34.93	No age limit	Female	Each pregnancy	Apr-13
Intimate Partner Violence: Screening	The USPSTF recommends that clinicians screen women of childbearing age for intimate partner violence (IPV), such as domestic violence and provide or refer women who screen positive to intervention services.	99401, 99402, 99403, 99404	V70.0, V72.31	Z0000, Z01411, Z01419	Adults and Adolescents Women	Female	Covered as part of the well women visit	Aug-12
Vaccines Immunizations	Vaccines as per recommendations from the "Advisory Committee on Immunization Practices (ACIP)" which have been approved by the CDC "Centers for Disease Control".	For detail on covered vaccines visit : http://www.cdc.gov/vaccines/recs/schedule						
Dental								
Dental Caries in Children from Birth Through Age 5 Years - Fluoride	The USPSTF recommends that primary care clinicians apply fluoride varnish to the primary teeth of all infants and children starting at the age of primary tooth eruption	99188, D1206	V20.2, V07.31	Z00129, Z418	Up to attainment of 5 years	Female Male	1 every 6 months up to attainment of 5 years of age.	May-14